



Generations Unlimited Newsletter May 2023

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UPCOMING EVENTS

Folk Tails Presentation by the Theatre 1 Class of Barnwell County Consolidated School District - May 4-5 @ 6pm Blackville Hilda High School Auditorium

Contact Mary Stroman (803) 259-4592 for more information on the following:

Joining Generations Unlimited to develop a "Relay for Life Team"

Attending "Adult Craft Night" at Barnwell County Library beginning in June

Line Dancing and other Dance Exercises

ALSO SEE OUR CALENDAR SCHEDULES INSIDE

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Mission: The mission of Generations Unlimited is to promote opportunities and provide programs, including transportation, which will enhance the well-being and enrich the quality of life for citizens of Barnwell County, with a special emphasis on the senior population.

Director's Desk



It's May, and a time to celebrate the "Seasoned Seniors" and Moms in our lives and community.

Reflecting on when Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing. A meeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month," the prelude to "Older Americans Month."

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. Every President since Kennedy has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs, and other such activities.

The 2023 Older Americans Month theme is "Aging Unbound". This year SC Department on Aging will host its in-person Senior Day back in Columbia! State Director Munn shares that, "We are looking forward to having our seniors here to celebrate Senior Day with each other and what it means to explore diversity among our older adults, and how we, as an Aging Network, can combat stereotypes for aging adults." We at Generations Unlimited are also excited to plan for our "Seasoned Seniors" to take part in this celebratory event.

We know that our "Seasoned Seniors" are bound by nothing and research reflects it, particularly for our females who make up more than the majority of our consumers of services. A May 8, 2019 Pew Research Center article by A. W. Geiger, Gretchen Livingston and Kristen Bialik sheds light on just what moms have been cooking in six facts:

1. **Women are more likely now to become mothers than they were a decade ago, and this is particularly the case among highly educated women**
2. **Women are becoming mothers later in life.**
3. **Mothers are spending more time in the labor force than in the past, but also more time on child care.**
4. **About one-in-four mothers are raising their children on their own.**
5. **Most Americans say women face a lot of pressure to be involved mothers**
6. **Foreign-born moms account for a rising share of U.S. births.**

American motherhood has changed in many ways since Mother's Day was first celebrated more than 100 years ago. Today's moms are more educated than ever before. A majority of women with a young child are in the labor force, and more mothers are serving as their family's sole or primary "breadwinner." At the same time, the share of mothers who are stay-at-home moms has held steady in recent decades after falling precipitously in the 1970s and 1980s.

Therefore, we at Generations Unlimited do honor and celebrate all of our "Seasoned Seniors" and all Mothers.

Ethel T. Faust

Cooking Up to Cultivate a BELOVED



Dancing for Seniors: Dance Benefits More Than You'd Expect



Exercise is important at every stage of life, but for seniors, it can significantly improve quality of life by improving balance and even cognitive health. No matter how old you are, find the activity you enjoy. Because, really, who wants exercise to feel like drudgery? If you don't, then consider dance as a better option for getting active. Laden with twirls and swooshes, dance comes off as fun. The perks of dance are many. As with any form of exercise, particularly if you've been less active in recent years, be sure to consult with your doctor before getting started.

Here are the biggest benefits from dance:

Cognitive: Dancing is a multifaceted activity that engages more than just your body. You must learn the steps, which fires off synapses and associations in your brain. Since dancing involves music, too, your brain is doing more work at a subtle level. Listening to music with its varied structures, sounds, and rhythms calls on your brain to process and make sense of what you hear.

Cardio: Music triggers hormones that raise your pleasure sensors enough to turn into happy feet. This means that you naturally get a cardio workout that you hardly notice.

Flexible and Mobile: Maybe you've heard the adage, "someone can't chew gum and walk at the same time," meaning they can't do two things at once. For seniors, the ability to multi-task while on their feet does become more of a challenge over time.

Then, poor balance leads to falls.

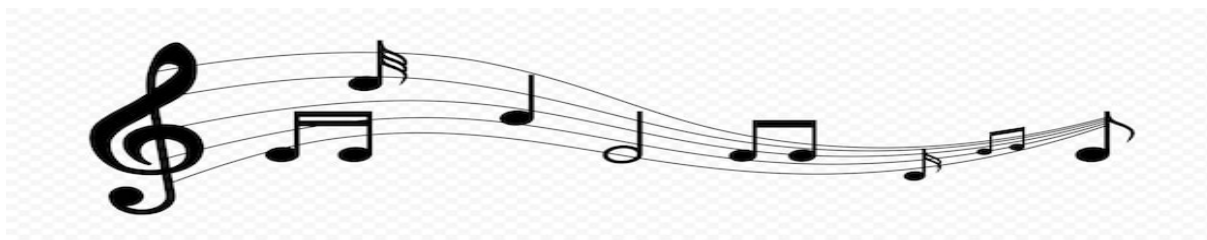
By consistently engaging in dance, you become reacquainted with thinking fast on your feet—simply by working to keep your chases in motion to the music.

Per S. News, researchers found a 31% reduction in falls and a 37% reduction in fall risk for those aged 65 and older when reviewing clinical trials on "dance-based mind-motor activities" from around the world.

Creative: When you dance, you are also interpreting the music and expressing yourself through movement. You are an artist on your feet. Go ahead and allow yourself to channel a bit of Fred Astaire while you shimmy and sway. It's good for your brain and spirit.

Social: As humans, we all need some level of human contact. And dancing is often a social affair! Even if you go for some form of line dancing rather than ballroom, you are among people doing an activity that everyone can enjoy. Being social is good for your mind, your body, and most importantly your sense of wellbeing. *Extracted from Home Health Companions*

Contact Mary Stroman at (803) 259-4592 to learn more about dance opportunities at our Golden Retreat and Gail Reyes Senior Centers.



Exciting News...



BETTER
INTERNET
FOR A
BETTER
SOUTH
CAROLINA

COLUMBIA, S.C. – Governor Henry McMaster and Congressman James E. Clyburn were joined by officials from the South Carolina Office of Regulatory Staff's (ORS) Broadband Office (SCBBO) and the South Carolina Department of Administration's (Admin) Digital Equity Office (SCDEO) to announce **GetConnectedSC**, a high-speed internet access and adoption campaign to transform how our citizens engage with the online world.

The bi-partisan **GetConnectedSC** campaign is designed to identify the areas of greatest need in our state, invest in broadband infrastructure to those areas and provide support services to make that transformation possible for every home, business and community organization in South Carolina.

In addition to a new website, the campaign includes a 26-community listening tour and a **Better-Internet Survey**. The survey is designed to capture the barriers to internet adoption of unserved, underserved and underrepresented communities statewide. Information gathered will shape a Five-Year Broadband Plan for the state to ensure a *Better Internet for a Better South Carolina*.

"The creation of the **GetConnectedSC** campaign is the next logical step as we work to roll-out high-speed internet statewide," said Jim Stritzinger, director of the SC Broadband Office. "We have a lot of momentum deploying infrastructure; however, that is just the first step. We need to help residents with affordability and the attainment of digital skills too. That's where the SCDEO comes in."

The initiative is part of a nationwide effort to improve broadband access. In 2021, Congress passed the Infrastructure Investment and Jobs Act (IIJA) which included \$65 billion for the deployment of broadband infrastructure development and digital inclusion efforts across the country. As a required first step in the deployment of these funds, South Carolina was granted planning funds for the Broadband Equity, Access and Deployment (BEAD) and Digital Equity (DE) programs which ultimately lead to additional grants. The BEAD and DE planning processes extend through the summer of 2023 and culminate with the formal submission of the SC Five-Year Broadband and Digital Equity Plans to the federal government in August.

Once the South Carolina Five-Year plans have been approved, a minimum of \$100 million additional federal funds for the BEAD program and tens of millions for the DE program will be made available to South Carolina to continue investment in broadband infrastructure and adoption statewide.

"Providing access to reliable, high speed internet is one of the most important things we can do to ensure the prosperity of our rural communities in South Carolina," said Governor Henry McMaster. "In order to fully take advantage of the opportunity available to us, we need South Carolinians to participate in this survey process."

McMaster. "In order to fully take advantage of the opportunity available to us, we need South Carolinians to participate in this survey process."

“I have been a persistent advocate for incorporating local community feedback in our efforts to make high-speed internet service accessible and affordable for every South Carolinian, and that is why I am excited to help announce the launch of “GetConnectedSC,” said Congressman Jim Clyburn. “This critical initiative was authorized and funded by the Infrastructure Investment and Jobs Act and will bring us one step closer to closing the digital divide in South Carolina.”

“We recognize having fiber cable does not improve your life unless you can afford the monthly service, have a working device and know how to use the technology,” said Mike Shealy, director of Admin’s newly formed South Carolina Digital Equity Office. “We are excited to work alongside elected officials, other state agencies, and local organizations to help people adopt and use high-speed internet service.”

Help us help your community.

[TAKE THE BETTER-INTERNET SURVEY](#)

Any “SEASONED SENIOR” or your family member who may need help to complete the survey should contact Mary Stroman at (803) 259-4592 or Hillery Hutto @ (803) 541-1249.

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Seniors recently took advantage of an opportunity with Palmetto Care Connections to gain basic computer skills and learn how to operate a laptop computer. They received a free laptop and internet service for 1 year and a certificate for completing the 2-day class. The seniors learned how to safely use the internet and browse online, how to connect to

healthcare providers using telehealth as well as how to connect with family and friends using zoom. Willie Mae Thomas (seated front left), Daisy Eubanks (standing back row, 3rd from left), Josie Barker (standing front row, 3rd from right) and Bernice Young (standing front row, 4th from right) are seniors who regularly attend the County’s senior centers.



Community Partners for Patient and Support Services

introduced their essential services to Seniors at the Gail Reyes Senior Center on April 25, 2023 during Generations Unlimited first Community “Awareness & Education Fair”.

SC House Calls, encouraged participants to “Experience the Future of Healthcare Today” as they promoted a proactive health care model for quality patient outcomes to reduce unnecessary hospitalizations. Call 1-800-491-0909 to learn more about services and how you can become a patient.



In-Home Medical Care

SC House Calls delivers care to you in the comfort of your home.

Telehealth & Remote Patient Monitoring

Use technology to gain access to your team of health care professionals,

Center for Telemedicine

24 hours/7 days a week access to Health Care Professionals

Flexible Scheduling

Healthcare available 7 days a week for your convenience.

SCDHEC works with partners, communities, and others to help every South Carolinian have the access, resources, and information they need to improve the environment in which they live, make decisions that enhance their health, and have access to the highest quality healthcare through four core divisions:



South Carolina Department of Health and Environmental Control

Environmental Affairs protects, promotes, and preserves and the environment so that South Carolinians have clean air, land and water; and enhanced coastal resources.

Healthcare Quality enhances patient safety and the quality of care by leading efforts to make health care in South Carolina safer, more accessible, affordable, equitable and of higher quality.

Public Health promotes community health and well-being by protecting people from disease, illness and injury, as well as providing access to quality care.

Support Services provides our agency’s program areas and teams with the necessary support to ensure the successful accomplishment of our mission and vision.



Goodwill Aiken is a branch location of Goodwill Industries International, Inc., a charitable non-profit organization. Goodwill's mission is to help individuals with disabilities and others facing barriers to employment. Goodwill offers multiple programs to help individuals reach their full potential and increase their self-sufficiency. Goodwill also collects donated clothing and household goods for resale at its Goodwill Stores. *GOODWILL®, HELP SENIORS FIND WORK, DEVELOP NEW SKILLS AND TALENTS, AND BUILD THEIR FINANCIAL SECURITY BY TAKING ADVANTAGE OF THE SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP).* SCSEP is an on-the-job training and employment program designed to help those aged 55 and older update their jobs skills, build work experience and confidence, and continue, to have economic security and wellbeing.



Barnwell County Sheriff's Office participated in the Awareness and Education Fair at the Gail Reyes Senior Center. They shared valuable information to our awesome Senior Citizen community on several key issues. Scams, elder abuse, being careful of your surroundings, as well as who to report crimes to should they themselves become a victim. They were also given the opportunity to visit our table and get this information as well as free COVID tests that were there, compliments of Daniel's Pharmacy of Barnwell. As always, we thoroughly enjoy any and all chances to network with our Seniors and look forward to the next event. *Shared on the Department's website.*



Barnwell Community Funeral Home shared valuable information regarding funerals or memorials as a customary way to recognize death and its finality. They explained that they also give mourners a chance to share stories, create memories, fulfill religious beliefs & customs, participate in a support system, and gather at a peaceful place during a time of confusion and uncertainty. Funeral directors are caregivers, advisors, and administrators. They have experience assisting the bereaved in coping with death, are trained to answer questions about grief, and can recommend sources of professional help. Support is given to family, close friends, co-workers, fellow worshippers, neighbors & acquaintances, and in some cases, the greater community.



Cooking Matters for Consumers of Services at Generations Unlimited

Cooking Matters by Share Our Strength teaches participants to shop smarter, use nutrition information to make healthier choices and cook delicious, affordable meals.

Cooking Matters prioritizes reaching moms, dads, grandparents, and caregivers at their home, school or community environment. The program aims to reach low-income individuals through courses and tours in communities to learn how to eat better for less.

Community partners serve families experiencing low-incomes for six-week Cooking Matters courses that are for adults, kids and families. Lessons cover meal preparation, grocery shopping, food budgeting and nutrition. Participants practice fundamental food skills, including proper knife techniques, reading ingredient labels, and making a healthy meal for a family of four on a \$10 budget. Implementing partners provide adults with a take-home bag of groceries after each class so they can practice the recipes taught that day. Materials are provided at no cost which supports in-kind contributions. The first-ever long-term evaluation of Cooking Matters families reported:

- More confident in their cooking abilities (10% increase).
- See fewer barriers to making healthy, affordable meals (11% decrease).
- Cooking meals more often, and making meals healthier and more budget-friendly.
- In the short-term (3 months), families are eating more fruit. Over the long-term (6 months), they are eating more vegetables, including non-fried options and green salad.
- Before the course, families “sometimes” worried that food might run out each month; six months later, they “rarely” worried about this.
- Families were 17% more confident in stretching their food dollars (including federal benefits like SNAP and WIC) due to the strategies they learned.

Cooking Matters at the Gail Reyes Senior Center Snapshots



Staff Spotlight: Destiny Hicks & Tracy Jenkins

My name is Destiny Hicks. I am from Barnwell; SC and I am currently 21 years old. I am a Jehovah Witness & I enjoy reading & teaching others about the Bible and the promises that God's Kingdom will bring. I would describe myself as an easy-going person who enjoys laughing & making others happy. During my spare time I like to relax, read a good book, watch movies, play games and hang out with my friends and family. I have been working as a Nutritional Assistant at the Gail Reyes Senior Center for about 3 years. In high school I volunteered at the senior center several times; helping deliver meals, serve food, clean & participating in activities with the seniors. Then, when I graduated from Barnwell High school in 2019 I delivered meals & worked at the center 3 days out the week while I attended the University of South Carolina Salkehatchie where I received my Associates in Science. After I graduated Salk, I began working at the center full time and here I am still today. Working here has been an experience, a good one that is. It has taught me a lot about people & I've gotten to know many different people with different personalities, not a day goes by where they don't make me laugh or smile in some way. I sincerely appreciate the job I have & I hope this company continues to grow in each and every way.



Mr. Tracy Jenkins... employed as a dedicated full-time demand response operator has a superb driving record for which he was nominated in 2022 by Local Motion for a SC Department of Transportation Public Transit Award. Mr. Tracy has been driving the citizens of Barnwell County since May 2010. He is well trained in all phases of safety to meet requirements of SCDOT. He is a model operator for all other Local Motion operators and staff—"dependable, hard-working, loyal and generous". Mr. Tracy's dedication was more so exemplified as he continued to work through the pandemic of COVID 19 ensuring the essential services of transportation was available to the public and those who needed it most.

Mr. Tracy is a man of very short words but yet his personality speaks volumes. He is one of the most dedicated and dependable employees Generations Unlimited has yet employed, states Ms. Shala Sanders-Burton as his supervisor. She further shares that "there is not a day that goes by that he doesn't try to put a smile on someone's face. He enjoys fishing in his spare time. Mr. Tracy helps his fellow co-workers and our transportation consumer of services with love and passion. He is loved by all."



May

National Mental Health Month
 ALS Awareness Month
 Lupus Awareness Month

BARNWELL CALENDAR IN RED & BLACKVILLE CALENDAR IN BLACK

Garl Reyes Senior Center
 11203 Eblerton St. Barnwell, SC
 803-259-6592

Golden Retreat Activity Center
 59 Callahan Circle
 803-259-7056
2023

Daily Events: 8:30-9:00-Coffee & Snacks
 11:00- Bingo 11:30- Lunch

Birthdays: 5/14- Theresa Hargrove, 5/24 Ruby Thomas
 Golden Harvest Food Boxes- 5/12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:00-11:00- Matter of Balance Session 1. 9:30-11:00- Craft: DIY Paper Plate Bird Feeders</p> <p>1</p>	<p>9:30-10:30- Line Dancing Class 10:30-11:00- "Jeopardy" Trivia Game 9:00-10:00- Exercise with Ernie 10:00-11:00- Bingo</p> <p>2</p>	<p>SENIOR DAY IN COLUMBIA SENIOR DAY IN COLUMBIA</p>	<p>9:00-10:00- Cooking Matters Class 10:00-11:00- Bible Study 9:00-10:00- Exercise with Ernie 10:00-11:00- Piano Class</p> <p>4</p>	<p>9:30-10:30- "Family Feud" Game 10:30-11:00- Book Reading 9:00-11:00- Matter of Balance Session</p> <p>5</p>
<p>9:00-11:00- Matter of Balance Session 2 9:30-11:00- Craft: DIY Spring Mason Jars</p> <p>8</p>	<p>9:30-10:30- Line Dancing Class 10:30-11:00- Charades BALLPARK TRIP</p>	<p>9:30-11:00- Craft: DIY Paper Plate Bird Feeders 9:00-10:00- Walk with Ease 10:00-11:00- Bible Study</p> <p>10</p>	<p>9:00-10:00- Cooking Matters Class 10:00-11:00- Bible Study with Rev. Ron 9:00-10:00- Exercise with Ernie 10:00-11:00- Piano Class</p> <p>11</p>	<p>9:30-10:00- Corn Hole 10:00-11:00- Karaoke 9:30-10:00- Corn Hole 10:00-11:00- Arts & Crafts</p> <p>12</p>
<p>9:00-11:00- Matter of Balance Session 3 9:30-11:00- Craft: DIY Suncatchers</p> <p>15</p>	<p>9:30-10:30- Line Dancing Class 10:30-11:00- "The Price Is Right" Game 9:00-10:00- Exercise with Ernie 10:00-11:00- Bingo</p> <p>16</p>	<p>9:30-11:00- Craft: DIY Spring Mason Jar Vases 9:00-10:00- Walk with Ease 10:00-11:00- Bible Study</p> <p>17</p>	<p>9:00-10:00- Cooking Matters Class 10:00-11:00- Bible Study 9:00-10:00- Exercise with Ernie 10:00-11:00- Piano Class</p> <p>18</p>	<p>9:00-11:00- Matter of Balance Session Pizza Party!</p> <p>19</p>
<p>9:00-11:00- Matter of Balance Session 4 9:30-11:00- Craft: DIY Windchimes 22</p> <p>22</p>	<p>9:30-10:30- Line Dancing Class 10:30-11:00- "Jeopardy" Trivia Game 9:00-10:00- Exercise with Ernie 10:00-11:00- Bingo 23</p> <p>23</p>	<p>9:30-11:00- Craft: DIY Suncatchers 9:00-10:00- Walk with Ease 10:00-11:00- Bible Study</p> <p>24</p>	<p>9:00-10:00- Cooking Matters Class 10:00-11:00- Bible Study with Rev. Ron 9:00-10:00- Exercise with Ernie 10:00-11:00- Piano Class</p> <p>25</p>	<p>9:30-10:30- Toss & Talk Ball Conversation Starter Activity 10:30-11:00- Book Reading 9:00-10:00- Corn Hole 10:00-11:00- Arts & Crafts</p> <p>26</p>
<p>MEMORIAL DAY- CLOSED Memorial Day- Closed</p> <p>29</p>	<p>9:30-10:30- Line Dancing Class 10:00-11:00- "Family Feud" Game 9:00-10:00- Exercise with Ernie 10:00-11:00- Bingo</p> <p>30</p>	<p>9:30-11:00- Craft: DIY Wind Chimes 9:00-10:00- Walk with Ease 10:00-11:00- Bible Study</p> <p>31</p>	<p>CALENDAR SCHEDULES ARE SUBJECT TO CHANGE "Every day is a second chance." Unknown</p>	<p>"Act as if what you do makes a difference. It does." ~William James</p>

Senior Center Menu

<u>1</u> Macaroni & Cheese Buttered Carrots Green Limas Lime Pear Gelatin	<u>2</u> Chargrilled Hamburger w/ Onions & Ketchup Buttered Corn Green Beans Peaches in Juice	<u>3</u> Lower Sodium Smoked Sausage White Limas Turnip Greens Cornbread Banana	<u>4</u> BBQ Chicken Leg & Thigh June Peas Potato Salad Stewed Apples & Raisins	<u>5</u> Tuna Salad Three Bean Salad Strawberries & Sliced Bananas Fresh Orange
<u>8</u> Meatballs in Brown Gravy Okra & Tomatoes Mixed Fruit Juice Brown Rice Pineapple Tidbits in Juice	<u>9</u> Spaghetti in Meat Sauce Buttered Carrots Green Limas Pears in Juice	<u>10</u> Chicken Salad Cucumbers & Tomatoes in Ranch Dressing Pickled Beets & Onions Banana	<u>11</u> BBQ Pulled Pork Mixed Baked Beans Coleslaw Hamburger Bun Apple Crisp	<u>12</u> Smothered Chicken Leg & Thigh Mashed Potatoes Collards Cornbread Fresh Apple
<u>15</u> Meat Loaf w/ Brown Gravy Broccoli w/ Cheese Mashed Potatoes Sugar Cookies	<u>16</u> Chicken Bog Orange Glazed Carrots June Peas Tropical Fruit in Juice	<u>17</u> Sloppy Joes Green Beans Sweet Potato Patties Hamburger Bun Vanilla Pudding	<u>18</u> Oven Fried Chicken Okra & Tomatoes White Limas Pineapple & Mandarins	<u>19</u> Turkey Salad Marinated Slaw Banana Strawberry Fruited Gelatin
<u>22</u> Turkey Breast w/ BBQ Sauce Green Limas Buttered Corn Fig Bar	<u>23</u> Country Style Steak in Gravy Mashed Potatoes Collards Cornbread Pineapple Tidbits in Juice	<u>24</u> Breaded Chicken Patty Vegetable Mix Steamed Cabbage Fruit Cocktail in Juice	<u>25</u> Meatballs in Red Sauce Black-eyed Peas Broccoli Salad w/ Ranch Dressing Pear Crisp	<u>26</u> Herb Baked Chicken Leg & Thigh Sweet Potatoes Coleslaw Spiced Peaches
<u>29</u> Holiday	<u>30</u> Chargrilled Hamburger w/ Onions & Ketchup Buttered Corn Green Beans Peaches in Juice			Milk served daily; bread or roll on most days

PREPARED BY SENIOR CATERING

OLDER AMERICANS MONTH



AGING UNBOUND: MAY 2023

Aging Network Article

Established in 1963, Older Americans Month (OAM) is celebrated every May. Led by the Administration for Community Living (ACL), OAM is a time for us to acknowledge the contributions and achievements of older Americans, highlight important trends, and strengthen our commitment to honoring our older citizens.

This year's theme, *Aging Unbound*, offers an opportunity to explore a wide range of aging experiences and to promote the importance of enjoying independence and fulfillment by paving our own paths as we age.


























This May, join us as we recognize the 60th anniversary of OAM and challenge the narrative on aging. Here are some ways we can all participate in *Aging Unbound*:

- Embrace the opportunity to change. Find a new passion, go on an adventure, and push boundaries by not letting age define your limits. Invite creativity and purpose into your life by trying new activities in your community to bring in more growth, joy, and energy.
- Explore the rewards of growing older. With age comes knowledge, which provides insight and confidence to understand and experience the world more deeply. Continue to grow that knowledge through reading, listening, classes, and creative activities.
- Stay engaged in your community. Everyone benefits when everyone is connected and involved. Stay active by volunteering, working, mentoring, participating in social clubs, and taking part in activities at your local senior center or elsewhere in the community.
- Form relationships. As an essential ingredient of well-being, relationships can enhance your quality of life by introducing new ideas and unique perspectives. Invest time with people to discover deeper connections with family, friends, and community members.

Contact Ethel T. Faust to get more involved and to support local initiatives under-development to enhance and create more resources and opportunities for our "Seasoned Seniors".

For more information, visit the [official OAM website](#), follow ACL on [Twitter](#) and [Facebook](#), and join the conversation using #OlderAmericansMonth.

BINGO ON THE GO

 Road work	 Public bus	 Restaurant	 Bridge	 Fire department
 Police car	 Park	 Fire truck	 Airplane	 Rest area
 Fire hydrant	 Historic site	 Free space	 Hospital	 University
 School	 Ambulance	 Railroad tracks	 Police officer	 Power line
 Playground	 Fire fighter	 Library	 Road sign	 Police station

Bingo on the go

As Bingo is an all time favorite at our Senior Centers, we encourage families to take the time this month for engaging with Moms in an interactive way to talk about the way money flows through our communities, and supports community services and activities. The bingo game card shows some of the common things you and your children might see in your community, or when you travel to other areas. You can talk with your children about what you see, where the money comes from to pay for them, and how important or valuable they are.

Things to talk about

When you look around in a community, notice the role that money plays to support the places, services, and things you use.

Many buildings and services in our communities are paid for with public funds. Public funding usually means money the government collects to pay for goods and services. Other buildings or services are paid for with money from private organizations- that is, companies or individuals using their own money. Others are paid for by nonprofit organizations like foundations or charities. Often there is a combination of money from different sources.

Talk about the kinds of places, services, and objects that use public funding. Consider how the community benefits from sharing these. If it's not clear where the funding comes from, brainstorm for ways you could find the information. You might ask at the local library, at the town hall or government center, or the organization's website or toll-free phone number.

Discuss with your child why sometimes it might make sense to use money from a combination of different sources. For example, a hospital might be paid for by a corporation but also provide publicly funded services like Medicare. Or, a playground might use public funds but also take donations from individuals to keep it well maintained or purchase new equipment.

Word Search



MAP WORD SEARCH

I A F R I C A C C S S B G O
S U R V E Y P G A C Y K Y Y
B M N E X P L O R A T I O N
Q O A M V D L W T C M G I S
C U V A S I W Y O O W Y A T
P N I R T R U W G M H L S I
I T G I R E P P R P T P S M
O A A T E C B U A A G T Y E
N I T I E T A R P S X R M Z
E N I M T I G K H S T D O O
E S O E S O F C Y N G R B N
R S N O P N E Q U A T O R E
S K G O U S C O W O R L D C
S O T O F A C I L I T I E S

Cartography

Streets

Directions

Africa

Equator

Compass

Gps

Atlas

Maritime

Facilities

Survey

Pioneers

World

Navigation

Exploration

Topography

Mountains

Country

Time Zone